

**TKL Speech and Language Services**  
7623 Dunleer Way, Dallas, Texas 75248  
**FLUENCY QUESTIONNAIRE**

Patient Name \_\_\_\_\_ DOB \_\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_ Teacher \_\_\_\_\_

Name of Person Completing Questionnaire \_\_\_\_\_

**I. Onset of the Problem**

A. At what age was the stuttering first noticed? \_\_\_\_\_

\_\_\_\_\_

B. Can you describe how the stuttering sounded when it first occurred?

- Stuttering at the beginning of words
- Stuttering in the middle of words
- Repeating whole words (you...you...you)
- Repeating parts of words (ta...ta...table)
- Repeating phrases (That is...that is mine)
- Blocking or pushing sounds or words out with force
- Prolonging or extending a sound in a word (mmmmmmmine)
- Giving up the attempt to talk
- Unexpected and sudden pitch changes within a word
- Avoiding talking
- Substituting one word for another
- Commenting that "talking is hard", that a word "gets stuck" or some other statement: \_\_\_\_\_

C. Do you know of any unusual events that occurred around the time the stuttering began? \_\_\_\_\_

\_\_\_\_\_

D. (For parents) When the stuttering was first noticed, what was the child's reaction? \_\_\_\_\_

What was your reaction? \_\_\_\_\_

\_\_\_\_\_

E. Is there any family history of stuttering? \_\_\_\_\_ If yes, who? \_\_\_\_\_

\_\_\_\_\_

## **II. Current Description of the Problem**

A. How has the stuttering changed over time (either in terms of quantity or quality)? \_\_\_\_\_

- Overall increase / decrease in the amount of stuttering
- Increase / decrease in number of repetitions
- More / less force used to get out a word
- Longer / shorter duration of prolongations
- Slower / faster speech rate
- Changes in loudness during stuttering
- Changes in pitch during stuttering
- Changes in eye contact during stuttering
- Changes in body language / body movement during stuttering
- Other \_\_\_\_\_

B. How do family members react to the stuttering? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

C. How do peers react to the stuttering? \_\_\_\_\_  
\_\_\_\_\_

D. In what situations is the most stuttering noted? \_\_\_\_\_  
\_\_\_\_\_

E. In what situations is the least stuttering noted? \_\_\_\_\_  
\_\_\_\_\_

F. Are there periods when there is significantly more / less stuttering?  
(weeks / months)? \_\_\_\_\_ Please describe and indicate how long these  
periods last \_\_\_\_\_  
\_\_\_\_\_

G. Which of the following factors do you feel may contribute to an  
increase in the stuttering?

### **Internal Factors**

- Fatigue
- Illness
- Excitement
- Fears

### **External Factors**

- Being interrupted
- Getting listener attention
- Being rushed/time pressure
- Being put on the spot to speak

**Internal Factors (cont.)**

- Competition
- Increased rate
- Asking questions
- Searching for words
- Trying to be understood
- Formulating stories
- Lack of confidence
- Low frustration tolerance
- Trying to get attention
- Being unsure about topic

**External Factors (cont.)**

- Talking to strangers
- Talking to peers
- Talking to parents
- Talking to siblings
- Talking in large groups
- Conflict situations
- Surprises/unexpected events
- Talking on the phone
- Inattentive/busy listeners
- Talking to adults/teachers

**III. FOR PARENTS ONLY**

A. Has anyone (to your knowledge) teased or drawn attention to your child's stuttering? \_\_\_\_\_ If so, please describe: \_\_\_\_\_

B. Have you received advice about this problem from anyone? \_\_\_\_\_ If so, please describe: \_\_\_\_\_

C. Do you feel that stuttering interferes with your child's daily life? \_\_\_\_\_ Social relationships? \_\_\_\_\_ Success in school? \_\_\_\_\_ If so, please describe: \_\_\_\_\_

**IV. FOR CHILDREN / ADOLESCENTS / ADULTS**

A. Has speech therapy been tried? \_\_\_\_\_ If so, what did therapy emphasize and what were the results? \_\_\_\_\_

B. If you are/have been in speech therapy, what do/did you like about it or what helped most? \_\_\_\_\_

C. What, if anything, do/did you **not** like about therapy or what did **not** help? \_\_\_\_\_

D. In a situation when it is very important to you to feel good about your speech, are there things you can do that make your speech better? \_\_\_\_\_  
If so, please describe: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

E. Describe what you feel (physically) and where you feel it during a moment of stuttering? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

- F. Please check all that apply. I sometimes avoid:
- certain words
  - words that start with the letters \_\_\_\_\_
  - talking to certain people
  - talking in certain situations
  - by rearranging my sentences
  - by waiting until I feel I can be fluent
  - by using sounds or words to help me get started talking
  - by substituting words
  - other \_\_\_\_\_

G. When I am stuttering, it really bothers me if \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

H. When I am stuttering, it really makes me feel better when \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I. What would you like to accomplish as a result of this fluency evaluation? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

J. Is there anything else you would like to mention? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Please mail this completed questionnaire to:**  
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